



# Levels of Development for Physical Education

**D**

## INTERNAL Motivation

- Displays sportsmanship whether or not an adult is present
- Demonstrates effort to participate
- Always comes to class dressed and prepared

**C**

## EXTERNAL Motivation Needed

- Participates in class as expected by teacher
- Uses equipment properly while supervised
- Helps with clean-up when directly asked to

**B**

## Lacks Effort

- Interrupts the focus of others in the class
- Doesn't follow the rules of games
- Uses equipment improperly

**A**

## Poor Sport

- Demonstrates poor sportsmanship
- Acts in a way that endangers safety of others
- Leaves clean-up of gym to others

